

**2nd Multidisciplinary International Musculoskeletal Pain Congress cum
11th Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management
12 – 14 April 2024 • Hong Kong**



Man-chun Wong

Nurse Consultant

Kowloon East Cluster

Hospital Authority

Hong Kong

Man-Chun Wong has been a pain management nurse since 2001. She is currently a Nurse Consultant at Kowloon East Cluster of Hospital Authority and a Fellow member of the Hong Kong College of Perioperative Nursing. She holds a PhD from the Hong Kong Polytechnic University.

To advocate non-pharmacological self-management of pain, she obtained qualifications in different alternative and complementary therapies, such as yoga instructor, corrective exercise specialist, and hypnotherapist.

In these years, she incorporated what she has learned into clinical practice and initiated new nursing interventions such as interactive mixed reality (MR) hypnosis. It is a self-developed system incorporating computer-based technology and hypnosis to provide hypnotherapy to patients with pain. It has been used in the Pain Nurse Clinic of United Christian Hospital since 2020 with positive results and feedback.